

Dear Parent or Carer,

Your child has been identified as a contact of COVID-19 case in school.

The UK Health Security Agency (UKHSA) has advised that it is important for anyone who might have been exposed to COVID-19 to complete daily testing so we can prevent its spread. Based on this, your child will be required to complete 7-day LFD testing. Local LFD collection points can be accessed here [Find where to get rapid lateral flow tests - NHS \(test-and-trace.nhs.uk\)](https://www.test-and-trace.nhs.uk). Please also carefully follow the guidance on [how to stay safe and prevent the spread of COVID-19](https://www.gov.uk/guidance/how-to-stay-safe-and-prevent-the-spread-of-covid-19).

If your child does not have symptoms they can attend school as normal. Please complete LFD tests with your child in the morning before school starts. If the LFD test result is positive, please keep your child at home and access a PCR test as soon as possible (within 2 days). Your child should self-isolate at home until the test result is received.

Due to there being cases in your child's class/year group we advise that you consider taking additional precautions to limit the spread of infection by reducing their contacts with others outside the school/ the settings, avoiding close contact with those who may be clinically vulnerable. Please be reassured that, for most people, coronavirus (COVID-19) will be a mild illness.

Next steps to take:

1. Complete LFD testing with your child for 7 consecutive days.
2. **If your child tests positive they must then isolate and book a PCR test whilst they await the result.**

There are still simple things we can all continue do to reduce the risk of spreading the virus:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

There continues to be additional support for those self-isolating or vulnerable as a result of COVID-19 which can be accessed through Here2Help:

<https://www.worcestershire.gov.uk/here2help> or 01905 768053 then press option 3. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm