



Jigsaw overview for Tenacres

	Being Me In My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 1	<p>Feeling special and safe. Being part of a class. Rights and responsibilities. Rewards and feeling proud. Consequences. Owning the Learning Charter.</p>	<p>Similarities & Differences. Understanding bullying and knowing how to deal with it. Making new friends. Celebrating the differences in everyone.</p>	<p>Setting goals. Identifying successes and achievements. Learning styles. Working well and celebrating achievement with a partner. Tackling new challenges. Identifying and overcoming obstacles. Feelings of success.</p>	<p>Keeping myself healthy. Healthier lifestyle choices. Keeping clean. Being safe. Medicine safety/safety with household items. Road safety. Linking health & happiness.</p>	<p>Belonging to a family. Making friends/being a good friend. Physical contact preferences. People who help us. Qualities as a friend and person. Self-acknowledgement. Being a good friend to myself. Celebrating special relationships.</p>	<p>Life cycles - animal and human. Changes in me. Changes since being a baby. Differences between female and male bodies (correct terminology) PANTS Linking growing and learning. Coping with change. Transition.</p>
Year 2	<p>Hopes and fears for the year. Rights and responsibilities. Rewards and consequences. Safe and fair learning environment. Valuing contributions. Choices. Recognising feelings.</p>	<p>Assumptions and stereotypes about gender. Understanding bullying. Standing up for self and others. Making new friends. Gender diversity. Celebrating difference and remaining friends.</p>	<p>Achieving realistic goals. Perseverance. Learning strengths. Learning with others. Group co-operation. Contributing to and sharing success.</p>	<p>Motivation. Healthier choices. Relaxation. Healthy eating & nutrition. Healthier snacks and sharing food.</p>	<p>Different types of family. Physical contact boundaries. Friendship and conflict. Secrets. Trust and appreciation. Expressing appreciation for special relationships.</p>	<p>Life cycles in nature. Growing from young to old. Increasing independence. Differences in female and male bodies. (Correct terminology) PANTS Assertiveness. Preparing for transition.</p>



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Year 3	<p>Setting personal goals. Self-identity and worth. Positivity in challenges. Rules, rights and responsibilities. Rewards and consequences. Responsible choices. Seeing things from others' perspectives.</p>	<p>Families and their differences. Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it. Recognising how words can be hurtful. Giving and receiving compliments.</p>	<p>Difficult challenges and achieving success. Dreams and ambitions. New challenges. Motivation and enthusiasm. Recognising and trying to overcome obstacles. Evaluating learning processes. Managing feelings. Simple budgeting.</p>	<p>Exercise. Fitness challenges. Food labelling and healthy swaps. Attitudes towards drugs. Keeping safe and why it's important online and off-line scenarios. Respect for myself and others. Healthy and safe choices.</p>	<p>Family roles and responsibilities. Friendship and negotiation. Keeping safe online and who to go to for help. Being a global citizen. Being aware of how my choices affect others. Awareness of how other children have different lives. Expressing appreciation for family and friends.</p>	<p>How babies grow. Understanding a baby's needs. PANTS Family stereotypes. Challenging my ideas. Preparing for transition (2 weeks)</p>
Year 4	<p>Being part of a class team. Being a school citizen. Rights, responsibilities and democracy (school council) Rewards and consequences. Group decision-making. Having a voice. What motivates behaviour.</p>	<p>Challenging assumptions. Judging by appearance. Accepting self and others. Understanding influences. Understanding bullying. Problem-solving. Identifying how special and unique everyone is. First impressions.</p>	<p>Hopes and dreams. Overcoming disappointment. Creating new, realistic dreams. Achieving goals. Working in a group. Celebrating contributions. Resilience. Positive attitudes.</p>	<p>Healthier friendships. Group dynamics. Smoking. Alcohol. Assertiveness. Peer pressure. Celebrating inner strength.</p>	<p>Jealousy. Love and loss. Memories of loved ones. Getting on and Falling Out. Girlfriends and boyfriends. Showing appreciation to people and animals.</p>	<p>Being unique. Male & female body parts. PANTS Outside body changes. Confidence in change. Accepting change. Preparing for transition.</p>