



Intent

- We aim to provide a high-quality, broad, balanced and progressive PE curriculum which will enable children to become physically literate.
- For children to have a range of skills across all areas and apply it into a variety of situations.
- To develop an understanding and positive attitude towards being healthy (eating and exercise) and recognise that exercise not only helps physically but mentally as well.
- For children to have chances to compete and make positive memories of sport. To hopefully develop a lifelong interest in sport.

Implementation

- All children from Year 1 to Year 4 will receive two hours of a broad, balanced and progressive curriculum where they will be taught by their class teacher.
- Children will have the opportunity to attend extra-curricular clubs in a wide range of sports.
- Through active lessons and purposeful play at breaktimes and lunchtimes (traversing wall, trim trail, tyre park, play equipment and playground markings) children will have the opportunity to meet the national expectation of 30 minutes of physical activity per day.

Impact

- By participating in Physical Education lessons / clubs the children will develop their physical skills as well as their social skills. There will be a positive impact on their mental, emotional well-being and leading healthy active lives, children can hopefully perform better academically and have a successful future. Many of the children will develop a lifelong love of sport.