Parenting Workshops





The Starting Well Partnership offers an exciting array of parenting groups and workshops. All sessions are free to attend and run by trained staff and volunteers from the Starting Well Partnership.

Some of the workshops available include:

- Fussy Eaters
- Sleep
- Understanding Your Child's Behaviour
- Understanding Your Teen's Brain & Development

These workshops run across the county. Book by scanning the QR code to visit www.trybooking.com/uk/eventlist/startingwellpartnership



Provided by:

Herefordshire and Worcestershire Health and Care NHS Trust In partnership with:







EVERY CONTACT SHAPES A LIFE