

Worcestershire Groups & Organisations

Name	Website / Email / Phone / Info
<p>Amber Support Services - Bromsgrove - Supporting adults with learning and physical disabilities, autism and challenging behaviour and offer a single support system linking Social Enterprise and Day Support to Supported Living and Outreach Respite support.</p>	<p>www.ambersupportservices.co.uk Email: hello@ambersupportservices.co.uk 01905 917900</p>
<p>ASPIE - Worcester - Social self-help and motivation group for adults with Asperger's Syndrome (Aspies'). We invite and encourage members to engage in discussions, games, workshops, quizzes and more.</p>	<p>www.aspie.org.uk admin@wits-endweb.co.uk 01905 27825</p>
<p>Autism West Midlands - Leading charity in the West Midlands for people affected by autism. To enable all people with autism, and those who love and care for them to lead fulfilling and rewarding lives. Our expert staff and volunteers work across all age groups and abilities.</p>	<p>www.autismwestmidlands.org.uk hello@autismwestmidlands.org.uk Office: 0121 450 7582 Helpline: 0121 450 7575</p>
<p>Barnardo's Peer Support Group - Starting Well Wyre Forest - Peer support group for parents/carers of children with SEND (no diagnosis required) to share info, gain support and socialise. Meets each month at Brookside Family Hub.</p>	<p>Time: 9.30am - 11am For more info call Halfcrown Wood Family Hub on 01289 877920 or Brookside Family Hub on 01562 827207 or email admin.wyreforest@barnardos.org.uk</p>
<p>Children's Speech and Language Therapy Service - Provides evidence based services that anticipate and respond to the needs of children and young people who experience speech, language, communication or swallowing difficulties in Worcestershire and beyond.</p>	<p>Search for 'Children's speech and language therapy' on: www.hacw.nhs.uk</p>

<p>Choices Day Opportunities at Wallace House Community Centre - Evesham - Offers opportunities for people with learning disabilities, including social activities, life skills, sports, cookery, crafts and day trips.</p>	<p>www.wallacehouse.org.uk wallacehouse@btconnect.com 01386 446580</p>
<p>DIAL Disability Information Advice Line Worcestershire - Free and confidential information and advice on all aspects of living with a disability.</p>	<p>www.dialsworcs.org.uk for those in South Worcestershire www.nwdial.org.uk for those in North Worcestershire</p>
<p>Disability Support Project - Redditch - A charity offering disability support, advice and guidance for benefits, tribunals, applications, form filling, financial planning and more.</p>	<p>www.dspuk.org.uk info@dspuk.org.uk 01527 351019</p>
<p>Evesham Adventure Playground - Local charity, trying to ensure children, young people and families have the space to have fun together in an environment that challenges and inspires the mind and body.</p>	<p>eveshamadventureplayground.org Find them on their Facebook page 'Evesham Adventure Playground Association' 01386 442154</p>
<p>Forest Families - The Woodland Nurture Group runs on Tuesdays 4 - 5.15pm at Rainbow Woods, Pikes Pool Lane, B60 1LH</p>	<p>www.forestfam.com forestparties@outlook.com 07816 858356</p>
<p>The Freedom Centre CIC (age 16+) - Evesham - Day Centre for adults with Learning Disabilities, based in South Littleton, Worcestershire. Offering a range of educational, therapeutic, social and more opportunities for individuals.</p>	<p>Freedomdaycentre.co.uk Find them on Facebook Freedom Day Centre Email: info@freedomdaycentre.co.uk 01386 830153</p>
<p>Hansel & Gretel Support Group, Wyre Forest - registered charity providing mutual support and friendship to disabled and special needs children and their families in the Wyre Forest area of Worcestershire (Kidderminster, Bewdley, Stourport and surrounding communities).</p>	<p>www.hanselgretel.org.uk See their Facebook page 'Hansel & Gretel Support Group' 07525 668608</p>

<p>The Inclusion Project - Worcester - Weekly youth clubs (on a Wednesday and a Sunday) for young people at Perdiswell Young Persons Leisure Club (10-18 years, and 18+) with additional needs.</p>	<p>www.pyplc.co.uk/user-groups/youth-activities/</p>
<p>Joe's Jungle Redditch SEN Session - Sundays 9 -12, term time only. This is a quiet session for children with special educational needs and disability.</p>	<p>www.joesjunglesoftplay.co.uk info@joesjunglesoftplay.co.uk 01527 529040</p>
<p>Kidderminster and District Youth Trust - Run Fusion Youth Club after school for young people that may need additional support 13 to 25 years old.</p>	<p>Tuesdays from 6.30 www.kdyt.org.uk</p>
<p>Link Nurseries - Worcester - Community-focussed horticultural centre providing therapeutic and vocational services and activities for people recovering from mental- ill-health, along with plant and produce sales.</p> <p>The Well Bean Gardening Club is a friendly, supportive environment for people to learn new skills and meet like-minded people who enjoy the outdoors.</p>	<p>www.wcg.ac.uk/linknurseries 01905 831881</p> <p>www.wcg.ac.uk/wellbean</p>
<p>Malvern Special Families - A specialist provider of safe, stimulating and fun social opportunities for children and young people with disabilities aged 5 - 18 years.</p>	<p>www.malvernspecialfamilies.org.uk admin@malvernspecialfamilies.org.uk 01684 892526</p>
<p>Midland Mencap - Worcestershire - With support from their partners aim to deliver a programme of activities, short breaks and opportunities for children, young people and adults with SEND in Worcestershire.</p>	<p>www.midlandmencap.org.uk/worcestershire 0121 442 2944</p>
<p>The Monday Night Club - Worcester - A club for adults with a learning disabilities and/or autism to meet their friends and have fun.</p>	<p>www.themondaynightclub.org.uk Laura@themondaynightclub.org.uk 07973 788029</p>

<p>My STEPS - (Support To Enhance Personal Skills) - Has been designed for adults aged 16+ who have a learning disability. Based at Leap Gate Farm Activity Centre, Kidderminster - Mon-Thurs. Activities may include cooking, planning meals, using money and outdoor work on a farm.</p>	<p>http://mysteps.org.uk sarah@mysteps.org.uk 07934 902020</p>
<p>New Hope Worcester - Provide daytime short break care for children with additional needs aged 6-19. They are open every Saturday and school holiday.</p>	<p>www.newhopeworcester.co.uk jean@newhopeworcester.co.uk 01905 355295 (Sat/School hols) 07860944781 (All other times)</p>
<p>New Opportunities Worcestershire - Offers workshops across Worcestershire for people in secondary mental health services. We offer activities in a supported environment to help people towards employment, volunteering and training.</p>	<p>Search for 'New opportunities' on: www.hacw.nhs.uk</p>
<p>Nineveh Ridge Care Farm - Kidderminster - Offer a variety of activities, be it indoor or outdoor, we offer something for everyone with special needs to experience a different kind of 'Day Care'.</p>	<p>www.ninevehridgecarefarm.org.uk ninevehridge@gmail.com 01299 832864</p>
<p>North Worcestershire Autism Parents Support Group - For parents/ carers with autistic/adhd/neurodiverse children or young people. Based in North Worcestershire but open to all of Worcestershire. Facebook group, face-to-face meetings and information sessions/webinars.</p>	<p>Find them on their Facebook page 'North Worcestershire Autism Parents Support Group'</p>
<p>Own Space and Time - Bringing communities together providing a safe space for parents to discover what autism means for them and their family alongside the opportunity to ask questions without fear of judgement.</p>	<p>Fridays 10am - 12pm Pear Tree Family Hub, Broad Street, Bromsgrove. B61 8LW Email: Claire owntimeandspace1@gmail.com</p>

<p>Onside Advocacy Autism and Asperger Service - provide 1-to-1 mentoring and peer support to enable adults to become actively involved in mainstream leisure, social, educational and volunteering opportunities.</p>	<p>Onside-advocacy.org.uk Information on Facebook, Twitter and Instagram. 01905 27525</p>
<p>Our Way - Kidderminster - Run friendship/support groups and activities for young people with additional needs.</p>	<p>www.ourway.org.uk office@ourway.org.uk 01562 820262</p>
<p>Patient Advice and Liaison Service (PALS) - As a patient, relative or carer sometimes you may need to turn to someone for 'on the spot' advice, support and information - PALS can help.</p>	<p>Email: wah-tr.PALS@nhs.net 0300 123 1732</p>
<p>Pershore Riverside Youth Centre - run the Saturday SEND Club for young people aged 15 from 3 - 6pm and the Sunday SEND Club for children from 6 to 18yrs from 10.30am to 1.30pm.</p>	<p>www.pershoreriversidecentre.org.uk 01386 554713 Terri Kennedy Lawson 07377 892924</p>
<p>Redditch Youth & Community Enterprise (RYCE) - Offering a varied and exciting programme of activities for all age groups and members of the Redditch community. Our Good Times Club (age 18+) offers all adults with various disabilities an opportunity to meet, socialise and relax.</p>	<p>Good Times Club on Wednesdays 6 - 8pm. www.redicentre.org.uk info@theredicentre.org.uk 01527 64461</p>
<p>SEND Local Offer Worcestershire - Info and advice for children and young people with SEND in Worcestershire.</p>	<p>www.worcestershire.gov.uk/sendlocaloffer</p>
<p>SEND Stay and Play, Buttercup Children's Centre - Worcester - Free sessions every Friday 11am - 12pm, for children with additional needs, no diagnosis necessary to attend. No need to book.</p>	<p>Kim.pouch@actionforchildren.org.uk 07718 244082 OR Rachael.Franks@actionforchildren.org.uk 07538 477049</p>

<p>Send Support Redditch - Support group run by parents for parents and carers of children with special educational needs and disabilities.</p>	<p>Tuesdays 9.45am - 11.15am at Holly Trees Family Hub, Mabey Ave, Riverside, Redditch, B98 8HW</p> <p>To book a place or find out more call or message Laura 07702852307</p>
<p>SENDIASS - Special Educational Needs and Disabilities Information, Advice and Support Service covering Herefordshire and Worcestershire.</p>	<p>www.hwsendiass.co.uk</p>
<p>SMILE (Sensation, Movement, Interaction in Life Experiences) - Malvern - Provides a multi-sensory environment for calming relaxation and sensory stimulation for children with a variety of difficulties and their siblings.</p>	<p>www.arcos.org.uk/the-smile-project/ admin@arcos.org.uk 01684 576795</p>
<p>SNAPS - Special Needs and Parent Support - Support service for parents/ carers who have or believe their child has additional needs from staff who are qualified and have an understanding of raising a child with additional needs.</p>	<p>Search for 'Snaps' on www.home-startneworcestershire.org.uk</p>
<p>Special Olympics Redditch - Provide all year round sports training and competition for people with intellectual disabilities.</p>	<p>Find them on their Facebook page 'Special Olympics Redditch'</p>
<p>Starting Well Partnership Worcestershire - We support families, parents, children and young people across Worcestershire to lead happy, healthy and fulfilled lives and can help you to access tailored SEND info, advice, online courses and support groups.</p>	<p>Search for 'SEND' on: www.startingwellworcs.nhs.uk</p>
<p>SWANS - South Worcestershire Additional Needs Support - Support group for parents, family members and carers of children with additional needs; covering South Worcestershire. Hosts virtual and face-to-face meetings.</p>	<p>Email: debra.lamont@actionforchildren.org.uk or hollie.carver@actionforchildren.org.uk to book on.</p>

<p>WCC Community Transport Schemes - Set up to serve people who are unable to access public transport without support, individuals with limited mobility, elderly, eligible disabled persons and those with no access to their own or family transport - subject to limits of transport availability.</p>	<p>www.communitytravel.org.uk worcestershireHUB@worcestershire.gov.uk 01905 765765</p>
<p>What Makes You Different Makes You Beautiful - Malvern charity that supports families with children who have a disability, offering a range of groups and activities to support children, young people, parents, carers and siblings as well as professionals working within local SEN.</p>	<p>www.wmydmyb.co.uk Find out more on Facebook info@wmydmyb.co.uk 07484 541629</p>
<p>Where Next Association - Redditch and Studley - A local charity which supports adults with learning disabilities providing opportunities to learn new skills, explore the world of work and socialise.</p>	<p>www.where-next.org.uk admin@where-next.org.uk Also on Facebook and Instagram. 01527 69955</p>
<p>Wildgoose Rural Training - Worcester - The farm caters for people with Autism Spectrum Disorders, learning disabilities, adults with mental ill-health, behavioural problems and physical disabilities.</p>	<p>www.wildgooseruraltraining.org jim@wgrt.org 01905 620840</p>
<p>Worcestershire Association of Carers - The home of support for all unpaid carers in and around Worcestershire.</p>	<p>www.carersworcs.org.uk Helpline 0300 0124272</p>
<p>Worcestershire Online Directory - Online directory with lots of useful information and support for families with children and young people who may have a disability.</p>	<p>Search for 'SEND Support Groups' on: www.worcestershire.gov.uk</p>
<p>Worcestershire Parent and Carers Community - Registered charity supporting parents and carers who have children with a disability or additional needs within Worcestershire.</p>	<p>www.parentcarers.org.uk Facebook WPCC</p>

<p>Worcester Snoezelen (all ages) - The centre comprises of 4 individual multi-sensory rooms, hydrotherapy pool, soft play area, music room and art room. Rooms can be booked on an individual or group basis.</p>	<p>www.worcestersnoezelen.org.uk enquiries@worcestersnoozelen.org.uk 01905 748229</p>
<p>Your Ideas Spectrum Club (age 10-20) - Redditch - Started in 2010 the club is for young people who have been diagnosed on the Autistic spectrum.</p>	<p>01527 502624 Text only service: 07984 448931</p>
<p style="text-align: center;">National Organisations</p>	
<p>Charlotte's Tandems - Regional volunteers lending tandems and tag alongs, usually for 2 months, to people with disabilities or additional needs.</p>	<p>www.charlottestandems.weebly.com</p>
<p>CEREBRA - The national charity helping children with brain conditions, including ASD, and their families discover a better life together. Provides info, advice and support. Also have a library to loan sensory equipment, toys and literature.</p>	<p>www.cerebra.org.uk enquiries@cerebra.org.uk Helpline: 0800 3281159 Call 01267244200</p>
<p>CONTACT- For Families with disabled Children - To support families providing the best possible guidance and advice.</p>	<p>Contact.org.uk info@contact.org.uk Helpline 0808 808 3555</p>
<p>Dimensions - One of the country's largest not-for-profits supporting people who have a wide range of learning disabilities and autism to live the life they choose, increase independence and achieve goals.</p>	<p>www.dimensions-uk.org/contact/ 0300 303 9001</p>
<p>Disability Living Allowance (DLA) - is money for people who have extra care needs or mobility needs (difficulty in getting around) as a result of a disability.</p>	<p>Search for 'Disability Living Allowance' on www.gov.uk</p>

<p>Down Syndrome Association - A national organisation committed to improve quality of life for people who have Down's Syndrome, promoting their right to be included on a full and equal basis with others.</p>	<p>www.downs-syndrome.org.uk info@downs-syndrome.org.uk Helpline: 0333 1212300 (10am- 4pm)</p>
<p>Family Fund - The UK's largest charity providing grants for families raising disabled or seriously ill children and young people.</p>	<p>www.familyfund.org.uk Call 9 - 5 on 01904 550055 Monday to Friday.</p>
<p>IPSEA - Providing free and independent legally-based information, advice and support to help get the right education for children and young people with special educational needs and disabilities.</p>	<p>www.ipsea.org.uk office@ipsea.org.uk</p>
<p>Merlin's Magic Wand - Is a children's charity that supports children facing challenges of serious illness, disability or adversity around the world.</p>	<p>www.merlinsmagicwand.org</p>
<p>SCOPE - Provide practical information and support when it is most needed and campaign relentlessly to create a fairer society.</p>	<p>www.scope.org.uk helpline@scope.org.uk 0808 800 3333</p>
<p>SOS! SEN - Supports families with EHCPs: how to ask for one, how to read one and the review process.</p>	<p>www.sossen.org.uk Helpline: 02085 383 731</p>
<p>Special Needs Jungle - Parent-led info, resources and informed opinion about children and young people 0 - 25.</p>	<p>www.specialneedsjungle.com</p>
<p>Speech and Language UK - For many children in the UK learning to talk and understand words feels like an impossible hurdle. They offer free resources and services to help with understanding what to look out for, how to get support and even some simple ways you can help your child at home.</p>	<p>www.speechandlanguage.org.uk info@speechandlanguage.org.uk</p>

Days Out

Drayton Manor Theme Park - Welcome guests with additional needs and offer swift ticket purchase facilities, access bands to all rides to avoid queuing, new accessible toilets and changing rooms and clear information boards to all rides to allow guests to decide its suitability.

www.draytonmanor.co.uk

enquiries@draytonmanor.co.uk

01827 287979

Merlin's Magic Wand - Entry to Alton Towers, Legoland, Madam Tussauds, Chessington, The London Eye and more.

Apply to Merlin's Magic Wand.

Odeon Cinemas - in partnership with Dimensions, hold a monthly autism friendly screening in selected cinemas around the UK.

Search for 'autism friendly screenings' on:

www.dimensions-uk.org

0300 303 9062

Thinktank - Birmingham - Provides workshops for different groups of children and adults, making special adjustments for individuals with special needs. A quiet room is available for people who may want a little time away and a quick ticket purchase scheme is in place to avoid queuing.

www.birminghammuseums.org.uk/thinktank/about

0121 348 8000

Tower of London - Welcomes all visitors and has produced a short guide for children and adults on the Autistic Spectrum so that they can plan their visit. The specially designed plan enables individuals to understand what they can expect to see.

www.hrp.org.uk/tower-of-london

info@hrp.org.uk

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Starting Well Partnership

Herefordshire and Worcestershire
Health and Care NHS Trust
2 Kings Court
Charles Hastings Way
Worcester
Worcestershire
WR5 1JR

Do you have a concern, complaint or comment?

Contact: Patient Relations Team, Herefordshire and Worcestershire Health and Care NHS Trust, 2 Kings Court, Charles Hastings Way, Worcester, Worcestershire, WR5 1JR **Tel: 01905 681517 Email: Whcnhs.pals@nhs.net**

Do you have a communication or information support need?

If so please contact the person who gave you this leaflet so that those needs can be recorded and responded to.